IMPALA:
Good Practice in physical activity infrastructure development in Europe

Prof. Dr. Alfred Rütten
Annika Frahsa
Dr. Karim Abu-Omar
Dr. Peter Gelius
IMPALA: "Improving Infrastructures for Leisure-Time Physical Activity in the Local Arena"

Project duration: January 2009 - December 2010 (24 months)

Funding Agency: DG SANCO → Executive Agency for Health and Consumers (EAHC)
What are local infrastructures for leisure-time physical activity (LTPA)?

Infrastructures and recreational areas that are designed for LTPA/PA

Infrastructures or urban spaces that might be used for LTPA/PA
General Objective

To identify, implement, and disseminate good practice in the planning, financing, building, and managing of local infrastructures for leisure-time physical activity.
24 institutions from 13 European countries are partners of IMPALA

<table>
<thead>
<tr>
<th>Country</th>
<th>Associated Partner</th>
<th>Collaborating Partner at national or regional level</th>
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<tbody>
<tr>
<td>Austria</td>
<td>University of Vienna</td>
<td>Austrian Institute for School and Sports Facility Development</td>
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<td>Czech Republic</td>
<td>University of Olomouc</td>
<td>City of Olomouc</td>
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<td>Denmark</td>
<td>University of Southern Denmark</td>
<td>Odense City, Traffic Department</td>
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<td>Finland</td>
<td>University of Jyväskylä</td>
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<td>France</td>
<td>University of Nancy</td>
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<tr>
<td>Germany</td>
<td>University of Erlangen-Nürnberg</td>
<td>German Olympic Sports Federation, Federal Ministry of Transport, Building and Urban Affairs</td>
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<td>Hungary</td>
<td>Semmelweis University</td>
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<td>Italy</td>
<td>The University Institute of Motor Sciences</td>
<td>Censis Servizi s.p.a., Acciari Consulting</td>
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<td>Lithuania</td>
<td>Lithuanian Academy of Physical Education</td>
<td>Lithuanian Public Health Association</td>
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<td>Netherlands</td>
<td>TNO</td>
<td>VU University Medical Center, Netherlands Institute for Sport and Physical Activity</td>
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<td>Oslo University College</td>
<td>Norwegian Directorate for Health, Public Health and Welfare Division</td>
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<td>Portugal</td>
<td>University of Porto</td>
<td>Portuguese Institute of Sport</td>
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<td>Spain</td>
<td>University of Extremadura</td>
<td>Regional Government of Extremadura</td>
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**Objectives**

- Work Package: Identifying policies through interview- and document-analysis
- Work Package: Assessing mechanisms and instruments through interview- and document-analysis
- Work Package: Identifying good practice and developing a good practice criteria checklist
- Work Package: Coordination of the project
- Work Package: Dissemination of the project
- Work Package: Evaluation of the project

**Timeline**

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<th>Year</th>
<th>2009</th>
<th>2010</th>
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- Meeting (Luxembourg)
- Meeting (Erlangen)
- International meeting/conference
Policy-making
Finland - Policies on the development of infrastructures for LTPA

- Constitution
  - Sport
    - Health
      - Sport Development Plan 2001-2010
      - Sport Facility Development Plan 2011
  - Transport
    - national
      - Promoting pedestrian and bicycle traffic, JALOIN programme
    - local
Germany - Policies on the development of infrastructures for LTPA

- Transport
  - National Action Plan on Cycling
  - Health
  - Sport
    - Local Sports Development Plans
  - State/regional
  - Local
Lithuania - Policies on the development of infrastructures for LTPA

- Sport
  - Sport Development Plan (not passed)
  - national
  - state/regional
  - local

- Transport
  - national

- Health
  - State Strategy on Physical Activity (draft)

- Private Sector
Policy-making

best practice
International policies

Best practice - EU investment in sport facilities in deprived neighborhoods

Outueral portela, Oeiras/Portugal:

- deprived neighborhood
- EU funding by the URBAN community Initiative (DG Regional Policy):
  - improvement of basic infrastructures and facilities for social activities.
**Best practice - Intersectoral policymaking for LTPA infrastructures**

**National Action Plan on PA, Norway:**

- coordinated by ministry of health and care
- intersectoral collaboration of eight national ministries
- most explicit policies in the sectors of health, environment, culture and church affairs (responsible for sport)
- states that everyone should have the opportunity of an active outdoor life in the local environment and in the nature as such
Best practice - Linking sports innovation and economic policy

El Anillo, Extremadura/Spain:

- International innovation centre for outdoor sports
- Developed by the regional government of Extremadura
- Sports as tool for local and regional development
Mechanisms and instruments
Approaches to planning infrastructures for LTPA

- Inventories of sport facilities
- Per Capita Approaches
- Needs assessment by surveys
- Participatory Planning
What is IMPALA?

Planning

Lithuania

Inventories of sport facilities

Inventory of Opportunities for LTPA, City of Vilnius
What is IMPALA?

Planning

Portugal

Inventories of sport facilities

Per Capita Approaches

Needs assessment by surveys

Inventory of Sport Facilities, City of Porto
Planning

Finland

- Inventories of sport facilities
- Per Capita Approaches
- Needs assessment by surveys
- Participatory Planning

Sport Development Plan 2001-2010

Kimmo Suomi

JYVÄSKYLÄN KAUPUNGIN LIIKUNTASUUNNITELMA
VUOSILLE 2001-2010
Mechanisms and instruments

best practice
What is IMPALA?

Planning

**Best practice - Getting young people involved!**

*Youth factory Plasencia, Extremadura/Spain:*

- A facility composed of a series of spaces, both indoor and outdoor.
- Designed to enjoy different kinds of leisure activity and as a meeting and reference point.
- Young people developed and implemented own ideas: indoor rock climbing, car tuning, fronton tennis, roller, hockey, body language and dance.
Best practice - Collaborative improvement of opportunities for LTPA in a deprived neighborhood

Huhtasuo, Jyväskylä/Finland:

• deprived neighborhood in a city of 130,000 inhabitants
• collaborative planning in the 1980s with a supervising group, a community planning group, five resident planning groups
• 298 measures in the development plan
• 76% put into practice within 5 years
Planning

Best practice - Overcoming barriers in access to infrastructures through intersectoral and cooperative planning

The BiG project, Erlangen/Germany:

- PA promoting project within prevention research programme of the Federal Ministry of Research
- opening infrastructures for LTPA among women in difficult life situations
- cooperative and intersectoral planning and implementation of activities by women, local experts, and policymakers
Planning

Best practice - Overcoming barriers in access to infrastructures through intersectoral and cooperative planning

The BIG project, Erlangen/Germany
Mechanisms and instruments

best practice
Best practice

Graniitti sport complex, Jyväskyläs
Mechanisms and instruments

best practice
Best practice – What makes the difference?

Inadequate space for biking

Building for human-powered transportation
Best practice – What makes the difference?

Sport Facilities in the outback

Sport Facilities for social inclusion in urban planning
Mechanisms and instruments

best practice
Best practice

Future Show Station, Bologna
private management

Polisportiva Lame
voluntary management
<table>
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<tr>
<th>Leaders WP National Policies</th>
<th>Marieke Verheijden, Luuk Engbers, TNO, Netherlands</th>
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<tr>
<td>Leaders WP National Mechanisms</td>
<td>Kimmo Suomo, Finland</td>
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<td>Leaders WP Dissemination</td>
<td>Michael Kolb, Rosa Diketmüller, Vienna University, Austria</td>
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<td>Senior Researchers</td>
<td>Karel Fromel, Czech Republic</td>
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<td>Lars Bo Anderson, Jens Troelsen, University of Southern Denmark</td>
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<td>Anne Vuillemin, University of Nance, France</td>
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<td>Paolo Parisi, IUSM Rome, Italy</td>
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<td>Michal Kudlacek, University of Olomouc, Lithuania</td>
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<td>Astrid Bergland, Nina Waaler Loland, Norway</td>
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<td>Jorge Mota, Portugal</td>
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<td>Narcis Gusi, Spain</td>
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**Project Coordinators and Leaders WP Good Practice:**

*Alfred Rütten, Karim Abu-Omar, Annika Frahsa, Peter Gelius*
Thank you very much for your attention!

Please feel invited to participate in the IMPALA project!

Contact us for information and exchange about best practice in your regions!

Check the website for the fall 2010 International Congress on Policies and Mechanisms in the development of infrastructures for LTPA.

www.impala-eu.org