

National policies in sustainability in leisure-time physical activity infrastructures. An example of good practice.

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There is a close connection between physical activity and environment, because to practice physical activity and sport at local level using the natural resources and infrastructures are required. Doing sport and physical activity in all kind of infrastructures can generate negative impact to the environment which should be minimized along the developing process of these infrastructures (planning, building, financing, developing and maintaining). Spain collaborating with other countries over the world is developing some strategies to contribute to sustainable development through physical activity and sport.

This poster aims to show some specific good practices regarding to national policies and to the research on sustainable development of physical activity infrastructures at local level in Spain and Extremadura.

In Spain, national government and Green Cross Spain have recently develop some mechanisms and instruments to use them by implied agents (companies, public and private institutions, users, local governments, etc.) in sport and physical activity promotion. Some of them are: the Green Letter of Sport, National Strategy about Sport and Sustainability, Good Practice Manual in Sustainable Sport by Sport and Guide of Environment and Sustainability applied to non-Olympic sports. However, it is important to apply it for developing materials and infrastructures for physical activity. Therefore, it would be interesting to research what the most appropriate and sustainable materials are for the infrastructures, instruments and implements for sport and physical activity. In Extremadura the International Innovation Centre for Outdoor Sport is working on that and it contributes to maintain and improve the relation between physical activity, sport and sustainable development.